

## Please help us to help you

### What?

1

Please tell us your **email address**



2

Please join Meadowgreen Health Centre **WhatsApp** channel



3

Please like Meadowgreen Health Centre **Facebook** page



4

Please follow Meadowgreen Health Centre **Instagram** page

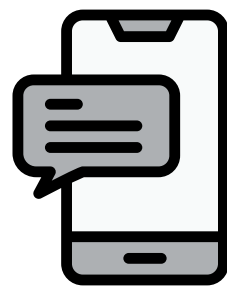


5

Register on the **NHS App**



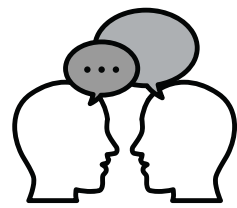
### How?



Text your email address, name and DOB to **07516122421**  
This is our Social Prescribers number



Email your details to [syicb-sheffield.spmeadowgreen@nhs.net](mailto:syicb-sheffield.spmeadowgreen@nhs.net)



Tell us at reception or over the phone

**Meadowgreen Health Centre**  
WhatsApp channel

or



Click the link

[Meadowgreen Health Centre | WhatsApp Channel](#)



Scan QR code



SCAN ME

or

**facebook**

Click the link

[Meadowgreen Health Centre | Sheffield](#)

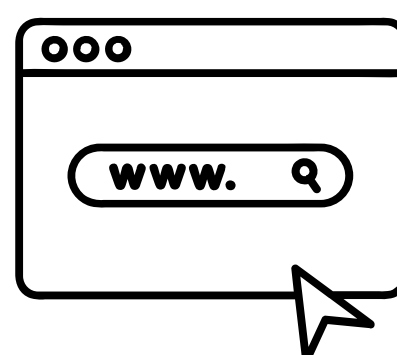


or



Click the link

[Meadowgreen Health Centre \(@meadowgreen.health\)](#)



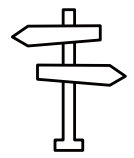
Search online for NHS App and complete registration or download the NHS App and register

# Why?

1



## Email address



To signpost you to services you may find useful

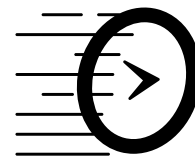
2



## WhatsApp



Receive important announcements directly to your phone.



Quick, easy way to stay updated without needing to check emails or visit the practice in person

## What about my details?

**Your details will not show** on the channel

Click this link for more information on WhatsApp channels privacy and security  
[https://faq.whatsapp.com/1318001139066835/?helpref=uf\\_share](https://faq.whatsapp.com/1318001139066835/?helpref=uf_share)

- You can choose if you want to join by following the link
- You can set notifications to your specifications
- You can only receive updates on the channel sent from Meadowgreen Health Centre.
- You will not be able to comment or message on the channel.

3

facebook

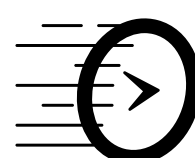


Keep you informed about important health updates and local information.



Convenient way to receive reminders and any changes to practice hours or services.

4



Quick, visual updates on health tips, clinic news, and wellness reminders.



Stay informed and engaged with your healthcare in a more personal and accessible format.

5



## NHS App



Simple and secure way to access a range of NHS services, book appointments, order prescriptions, and access your health records

Click this link for more information on the NHS App  
<https://digital.nhs.uk/services/nhs-app/nhs-app-features>

Any queries call our **Social Prescriber on 07516122421.**  
Who will try their best to help

GDPR and security information available on request.